

Clean Slate




YOUR BODY • 2017

PHASES



ELIMINATION PATHWAYS

30-DAY PROGRAM CHECKLIST



GASTROINTESTINAL

	I ACTIVATE	II RESET	III RENEW
 <p>TERRAZyme Blend of digestive enzymes to aid in the digestion of food and absorption of nutrients.*</p> <p>1 capsule on empty stomach in morning and night, 1 capsule with AM, Noon, and PM meals, for a total of 5 capsules per day for 30 days, and beyond at 1-3 capsules with meals.</p>	1 2 3 4 5 6 7 8 9 10 <i>Days 1-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	11 12 13 14 15 16 17 18 19 20 <i>Days 11-20</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	21 22 23 24 25 26 27 28 29 30 <i>Days 21-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 <p>OX ASSIST Combination of essential oils and caprylic acid to help cleanse and support the digestive system.*</p> <p>1 softgel with PM meal for a total of 1 softgel per day for 10 days (Optional as needed: 1 softgel with AM and Noon meals).†</p>		11 12 13 14 15 16 17 18 19 20 <i>Days 11-20</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
 <p>PB ASSIST 6 billion CFUs of 6 different strains of probiotics.</p> <p>3 capsules with PM meals for a total of 3 capsules per day for 10 days, and beyond at 1 capsule per day.</p>			21 22 23 24 25 26 27 28 29 30 <i>Days 21-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

ENDOCRINE

 <p>ZENDOCRINE COMPLEX Botanical blend to support liver, kidneys, colon, lungs and, skin.*</p> <p>1 capsule with AM and PM meals for a total of 2 capsules per day for 30 days.</p>	1 2 3 4 5 6 7 8 9 10 <i>Days 1-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
 <p>ZENDOCRINE Botanical blend to support the body's natural ability to rid itself of unwanted substances.*</p> <p>1 softgel with AM and PM meals for a total of 2 softgels per day for 10 days.</p>	1 2 3 4 5 6 7 8 9 10 <i>Days 1-10</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		

CELLULAR

 <p>DDR PRIME Essential oil blend to support cellular health, function and renewal.*</p> <p>1 softgel with AM and PM meals for a total of 2 softgels per day for 10 days.</p>			21 22 23 24 25 26 27 28 29 30 <i>Days 21-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
 <p>LEMON OIL & WATER Naturally cleanses the body and aids in digestion.*</p> <p>1 to 2 drops in 8 oz. of water 5 times per day.</p>	1 2 3 4 5 6 7 8 9 10 <i>Days 1-30</i> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†For individual, targeted needs, OX ASSIST may be taken with AM, Noon, and PM meals. Can repeat 30-day cleanse for up to 3 months, 1 to 2 times per year. Reduce amount or discontinue if GI upset occurs.