



THE

Best for Baby

START HERE :

Choose either the Family Essentials Kit or the Home Essentials Kit. They contain the top 10 essential oils and blends—the “feel better” essentials. Family Essentials includes dōTERRA On Guard® & Peppermint Beadlets & FREE Enrollment Packet. Home Essentials includes the Petal Diffuser & FREE Enrollment Packet.

These kits include (5mL in the Family, 15mL in the Home) bottles of:



Family Essentials

Home Essentials

- Lavender
- Lemon
- Peppermint
- Melaleuca
- Oregano
- Frankincense
- Deep Blue®
- dōTERRA Breathe®
- DigestZen®
- dōTERRA On Guard®

THEN ADD :

- Clove
- Siberian Fir
- Roman Chamomile
- Basil
- Patchouli
- Copaiba



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Teething

1 drop Lavender
1 drop Clove
1 drop Siberian Fir
1 drop Roman Chamomile
+FCO in a 5mL roller

Roll jawline & bottoms of feet as needed.

Diaper Rash

10 drop Melaleuca
10 drop Lavender
5 drop Frankincense
+FCO in a 2 oz. glass spray bottle

Spray area of concern. Good for any rash.

Happy Ears

1 drop Melaleuca
1 drop Lavender
1 drop Basil
+FCO in a 5mL roller

Roll around ears & on bottoms of feet, a.m. & p.m. or as needed.

Hot Baby

1 drop Lavender
1 drop Patchouli
1 drop Peppermint
+FCO in a 5mL roller

Roll on spine & bottoms of feet, every 15 minutes until cool baby.

Immunity & Respiratory

1 drop dōTERRA On Guard®
1 drop dōTERRA Breathe®
1 drop Lavender
1 drop Copaiba
+FCO in a 5mL roller

Roll bottoms of feet & spine at bedtime for immunity or as needed for cough & congestion.

Diffuse these oils nightly.

“These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.”